OUR JOURNEY TO PASCHA! 2022

SUNDAYS

THEMES / GOSPEL READING

HOW TO PARTICIPATE:

Fast - Free Week **FEBRUARY 6th**



TRIODION WEEKS

Publican and the Pharisee 2 Timothy 3: 10-15 Reading: Gospel: Luke 18: 10-14

Trust in God, not yourself! Ask for His help before every task this week!

Normal Fast Week FEBRUARY 13th



The Prodigal Son Returns!

Reading: 1 Corinthians 6: 12-20 Luke 15: 11-32 Gospel:

Schedule a Confession. Use up/freeze meats this week.

Meatfare

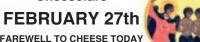


The Last Judgment

Reading: 1 Corinthians 8: 8-9: 2 Gospel: Matthew 25: 31-46

Pray facing east this week. Christ is returning from the east and we wait for Himl Use up/freeze dairy this week.

Cheesefare



Adam and Eve are cast from Paradise! FORGIVENESS SUNDAY

Romans 13: 11-14:4 Reading: Gospel: Matthew 6: 14-21 REAT FAST BEGINS WITH FORGIVENESS VESPERS

Ask each other for forgiveness each evening this week before bed.

1st Sunday of Lent

MARCH 6th



SUNDAY of ORTHODOXY

Hebrews 11: 24-26, 32-12:2 Reading:

Gospel: John 1: 43-51 Bring an icon to church for a procession.

2nd Sunday of Lent

MARCH 13th



ST GREGORY PALAMAS

Hebrews 1:10-2:3 Reading: Mark 2: 1-12 Gospel:

Bring a Chotki (prayer rope) to be blessed today! Use it and pray the Jesus Prayer each day this week.

3rd Sunday of Lent

MARCH 20th



VENERATION OF THE HOLY CROSS

HALF WAY TO PASCHA!

Reading: Hebrews 4: 14-5: 6 Mark 8:34-9: 1 Gospel:

Wear your cross to church and kiss the cross each morning with a bow!

4th Sunday of Lent

MARCH 27th



ST JOHN of the LADDER

Hebrews: 6:13-20 & Eph 5:9-19 Reading: Mark 9: 17-31 & MT 4:25-5: 12 Gospel:

Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!

5th Sunday of Lent

APRIL 3rd



ST MARY of EGYPT

Hebrews 9: 11-14 Reading: Gospel: Mark 10: 32-45

Ask the Theotokos to offer you and the world pure thoughts and ideas this week.

FLOWERY (PALM) SUNDAY

APRIL 10th GREAT WEEK BEGINS GREAT AND HOLY WEEK

ENTRY OF OUR LORD INTO JERUSALEM

Reading: Philippians 4: 4-9 Gospel: John 12: 1-18

GREAT AND HOLY FRIDAY

Place your palms and pussywillows behind an icon at home and in your carl

GREAT AND HOLY FRIDAY

APRIL 15th

JESUS DIES ON THE CROSS CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE

Refrain from TV, Internet, & Phones to honor Christ's Death.

FEAST OF FEASTS!

APRIL 17th NO FASTING!



BRIGHT WEEK

HOLY PASCHA! (CHRIST IS RISEN!)

Gospel: John 1: 1-17

Greet everyone with "CHRIST IS RISEN!" & say it before good morning and good night!